

HOLY COMMUNION ACCORDING TO THE KENYAN RITE

HYMN

Minister The Lord be with you
People **And also with you.**

Minister The earth is the Lord's and all that is in it
People **Let the heavens rejoice and the earth be glad.**

Minister Our help is in the name of the Lord:
People **Who made heaven and earth.**

Minister I was glad when they said to me:
People **"Let us go to the house of the Lord."**

Minister Praise the Lord:
People **The name of the Lord be praised.**

Minister The Spirit is here:
People **The promise of God.**

Minister Let us pray.

All **Almighty God,
you bring to light
things hidden in darkness,
and know the shadows of our hearts:
cleanse and renew us by your Spirit,
that we may walk in the light and glorify your name,
through Jesus Christ, the Light of the world. Amen.**

SONGS OF WORSHIP

THE GLORIA (*can be accompanied by regular clapping/drumbeat*)

Minister: Glory to the Father
People: **Glory to the Son**
Minister: Glory to the Spirit
People: **For ever Three in One**
Minister: Be glorified at home
People: **Be glorified in Church**
Minister: Be glorified in Kenya
People: **Be glorified in Africa**
Minister: Be glorified on earth
People: **Be glorified in heaven**
Minister: Glory to the Father
People: **Glory to the Son**
Minister: Glory to the Spirit
People: **For ever Three in One**
Minister Hallelujah
People: **Amen**

THE MINISTRY OF THE WORD

THE EPISTLE

THE GOSPEL

All stand

Minister We stand to hear the good news of our salvation, as it is written in the Gospel according to Saint xx, chapter xx beginning to read at verse xx

After the Gospel

Minister This is the Gospel of Christ.

People Hallelujah. Praise to Christ our Saviour.

SERMON

THE CREED

Minister We stand together with Christians throughout the centuries, and throughout the world today, to affirm our faith in the words of the Nicene Creed.

The people stand.

**All We believe in one God, the Father, the almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven;
by the power of the Holy Spirit
he became incarnate of the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshipped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

THE INTERCESSIONS

Minister Let us pray

People sit or kneel

Leader May the bishops and leaders of our churches have wisdom and speak with one voice.

People Amen. Lord have mercy.

Leader May the leaders of our country rule with righteousness.

People Amen. Lord have mercy.

Leader May justice be our shield and defender.

People Amen. Lord have mercy.

Leader May the country have peace and the people be blessed

People Amen Lord have mercy.

Leader May the flocks and the herds prosper and the fish abound in our lakes.

People Amen. Lord have mercy.

Leader May the fields be fertile and the harvest plentiful.

People Amen. Lord have mercy.

Leader May we and our enemies turn towards peace.

People Amen. Lord have mercy.

Leader May the love of the Father touch the lonely, the bereaved and the suffering.

People Amen. Lord have mercy.

Leader May the path of the world be swept of all dangers.

People Alleluia. The Lord of Mercy is with us.

Other prayers of intercession may be offered

THE PRAYERS OF PENITENCE

Minister Hear the words of challenge and comfort our Saviour Christ says to all who follow him.

If anyone would come after me, let him deny himself, take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake will save it. (Luke 9:23-24)

Come to me all of you who are tired of carrying your heavy loads, and I will give you rest. [Matthew 11:28]

So, all of you who repent of your sins, who love your neighbours and intend to lead a new life, following the way of Jesus, come with faith and take this holy sacrament to strengthen you.

Let us reverently confess our sins to Almighty God.

**All Almighty God, Creator of all,
you marvellously made us in your image;
but we have corrupted ourselves
and damaged your likeness
by rejecting your love
and hurting our neighbours.
We have done wrong and neglected to do right
We are sincerely sorry and heartily repent of our sins.
Cleanse us and forgive us by the sacrifice of your Son;
Remake us and lead us by your Spirit, the Comforter.
We ask this through Jesus Christ our Lord. Amen.**

Minister Almighty God,
 whose steadfast love is as great
 as the heavens are high above the earth,
 remove your sins from you,
 as far as the east is from the west,
 strengthen your life in his kingdom
 and keep you upright to the last day;
 through Jesus Christ our merciful
 High Priest. Amen.

All Thank you, Father, for forgiveness
We come to your table as your children,
not presuming but assured,
not trusting ourselves but your Word;
we hunger and thirst for righteousness,
and ask for our hearts to be satisfied
with the body and blood of your Son,
Jesus Christ the Righteous. Amen.

THE MINISTRY OF THE SACRAMENT

The people stand

Minister The peace of the Lord be always with you.
People And also with you.
Minister Let us offer one another a sign of peace.

HYMN

THE PRAYER OF THANKSGIVING

Minister We remain standing for thanksgiving and remembrance.

People Is the Father with us?
He is.

Minister Is Christ among us?
People He is.

Minister Is the Spirit here?
People He is.

Minister This is our God.
People Father, Son and Holy Spirit.

Minister We are his people.
People We are redeemed.

Minister Lift up your hearts.
People We lift them to the Lord.

Minister Let us give thanks to the Lord our God.
People It is right to give him thanks and praise

Minister It is right and our delight to give you

thanks and praise, great Father,
living God, supreme over the world,
Creator, Provider, Saviour and Giver.
From a wandering nomad you created your family;
for a burdened people you raised up a leader;
for a confused nation you chose a king;
for a rebellious crowd you sent your prophets.
In these last days you have
sent us your Son, your perfect image,
bringing your kingdom, revealing your will,
dying, rising, reigning, remaking your people for yourself.
Through him you have poured out your Holy Spirit,
filling us with light and life. Therefore with angels, archangels,
faithful ancestors and all in heaven,
we proclaim your great and glorious name,
forever praising you and saying:

All **Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

Minister Almighty God, Owner of all things,
We thank you for giving up your only Son
to die on the cross for us who owe you everything.
Pour your refreshing Spirit on us as we
remember him in the way he commanded,
through these gifts of your creation.
On the same night that he was betrayed
he took bread and gave you thanks;
he broke it and gave it to his disciples, saying,
'Take, eat; this is my body which is given for you;
Do this in remembrance of me'.

All **Amen. His body was broken for us.**

Minister In the same way, after supper he took the cup
and gave you thanks; he gave it to them, saying,
'Drink this, all of you; this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this as often as you drink it, in remembrance of me.'

People **Christ has died
Christ is risen
Christ will come again**

Minister We are brothers and sisters through his blood.
People **We have died together,
we will rise together,
we will live together.**

Minister Therefore, heavenly Father,
hear us as we celebrate this covenant with joy,
and await the coming of our Brother, Jesus Christ.
He died in our place, making a full atonement
for the sins of the whole world,
the perfect sacrifice, once and for all.

People You accepted his offering by raising him from death,
and granting him great honour at your right hand on high.
Amen. Jesus is Lord.

Minister This is the feast of victory.

People **The Lamb who was slain has begun his reign. Hallelujah**

THE COMMUNION.

The people sit.

Minister As Jesus taught us, we are bold to pray:

All **Our Father in heaven,
holy be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins,
as we forgive those who sin against us.
Do not bring us to the test
but deliver us from evil
For the kingdom, the power and the glory are yours,
now and for ever. Amen.**

or

**Baba yetu, uliye mbinguni.
Jina lako litakuzwe,
Ufalme wako uje,
Mapenzi yako yatimizwe,
hapa duniani kama huko mbinguni.
Utupe leo riziki yetu.
Utasamehe makosa yetu,
kama sisi tunavyowasamehe waliotukosa.
Usitutie majaribuni,
lakini utuokoe na yule mwovu.
Kwa kuwa ulfalme ni wako, na nguvu, na utukufu, hata milele.
Amin.**

Minister Christ is alive for ever.

People **We are because he is**

Minister We are one body.

People **We share one bread**

Minister Draw near with faith.

People **Christ is the host and we are his guests**

Minister The body of our Lord Jesus Christ which was given for you, keep your body and soul in eternal life. Take and eat this in remembrance that Christ died for you, and feed on him in your hearts, by faith, with thanksgiving.

Assistant The blood of our Lord Jesus Christ, which was shed for you, keep your body and soul in eternal life. Drink this, in remembrance that Christ's blood was shed for you and be thankful.

Hymns during Communion

AFTER COMMUNION

The people stand.

All **O God of our ancestors, God of our people,
Before whose face the human generations pass away;
We thank you that in you we are kept safe for ever,
and that the broken fragments of our
history are gathered up in the redeeming
act of your dear Son, remembered in this
holy sacrament of bread and wine.
Help us to walk daily in the Communion
of Saints, declaring our faith in the
forgiveness of sins and the resurrection
of the body. Now send us out in the power
of your Holy Spirit to live and work for
your praise and glory. Amen.**

THE BLESSING

*The people accompany their first three responses with a sweep of the arm towards the cross,
and their final response with a sweep towards heaven.*

Minister All our problems
People **We send to the cross of Christ**

Minister All our difficulties
People **We send to the cross of Christ**

Minister All the devil's works
People **We send to the cross of Christ**

Minister All our hopes
People **We set on the risen Christ**

Minister Christ the Sun of Righteousness
shine upon you and scatter the
darkness from before your path: and
the blessing of God almighty, Father,
Son and Holy Spirit, be among you,
and remain with you, always.
People **Amen.**

HYMN

THE DISMISSAL

Minister Jesus said, "As the Father has sent me, even so I send you". Go forth in peace.
People **Thanks be to God.**

Song