



DO NOT PRINT

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**Refresh: The Chelmsford Diocesan Gathering
University of Essex, Colchester 4-6 July 2017**

Refresh Prayer

Generous God,
whose yoke is easy and whose burden light,
rekindle the gift of God that is within us,
refresh and inspire us by your Holy Spirit
that we may faithfully proclaim the message of Christ
and in our lives and ministry know
the consolations of your love,
the promise of your peace,
the comfort of your rest,
and the abundance of your joy;
and, whether the time be favourable or not,
by faith in him who abolished death
and brought life and immortality to light,
live our lives in him.

Amen

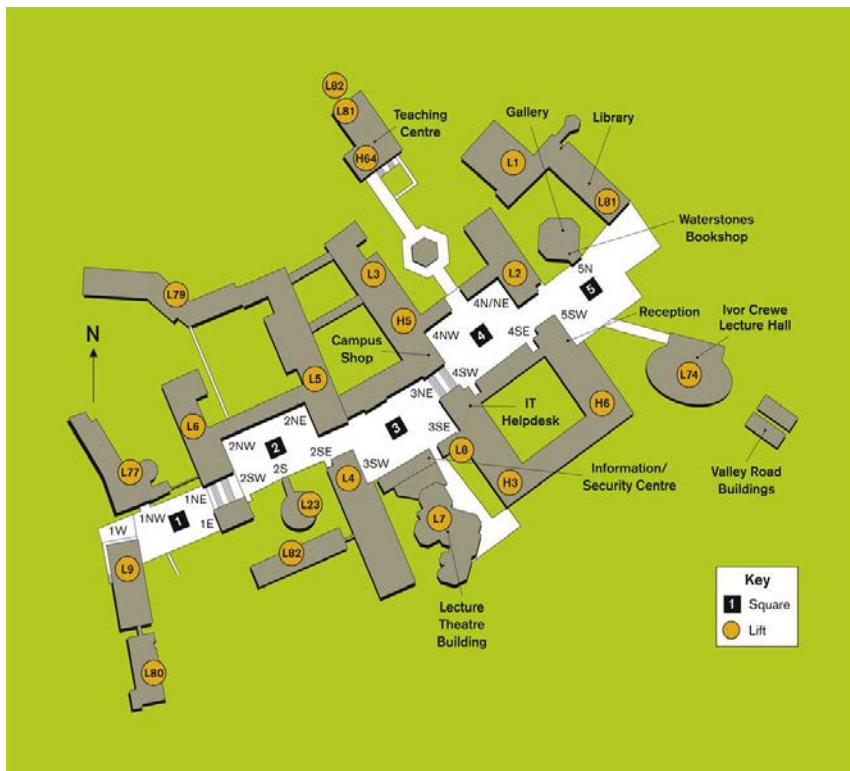
(Based upon Matthew 11.29, 1 Timothy 2.6, 10 and 4.2 and Colossians 2.6)

Event Information and Programme

Welcome to **Refresh**. We hope this information will tell you everything you need to know to make the most of your time at **Refresh**.

The Programme includes information about everything that is happening and where. The campus is built on a hillside, which leads to a rather complicated room numbering system as the ground floor is on different levels depending on the building you are in.

Our main conference venues are all located on or near one of the main squares as shown on the map below. Square 5 is the highest level and nearest to the Ivor Crewe Lecture Hall, where registration and our main events are happening.



Our workshops and seminars are either in the Lecture Theatre Building to the south of Square 3 or in the Tony Rich Teaching Centre to the north of Square 4 beyond the Hexagon. Our food outlets are also on Squares 3 and 4.

The squares are linked together by wide open stairs. Wheelchair access is possible throughout the campus by using the lifts which are located inside the buildings – these are shown on the map in the yellow circles.

Emergencies

You will receive more information from Event Essex with your room keys. The only fire alarm test expected during our gathering is in the University Quays accommodation at 1.30pm on Wednesday. All other alarms must be responded to.

In the case of medical emergencies, please call the number on the back of your name card. There are on-site first aiders who will call an ambulance if required.

Prayer Space

The University's Theatre Lab has been turned into a prayer space for **Refresh**. You will find this just inside the main entrance of the Tony Rich Teaching Centre (TC2.1). Please come and see – and, more importantly, pray.

Chaplaincy

We have a team of chaplains who are available if you want someone to talk to or pray with. Look out for the green lanyards. The team includes lay people, priests and bishops.

Workshops, Seminars and Activities

If you have not made your choices, we will have tickets for all the options where there are still spaces. These can be collected from the upper foyer outside the Ivor Crewe Lecture Hall during the lunch break on Tuesday.

Bookstall and Displays

The Diocesan Bookshop will be open each day during **Refresh** in the upper foyer of the Ivor Crewe Lecture Hall.

Various organisations have asked us to make their literature available. This can be picked-up from the table outside the Conference Hub in the lower foyer of the Ivor Crewe Lecture Hall.

We have invited a few organisations to bring displays to **Refresh** who have discipleship resources to offer. These are around the ground floor corridor of the Tony Rich Teaching Centre. Please find time to have a look.

Kenya Collections

If you have brought books or a donation (cheques payable to CDBF) for the library at St Andrew's College, Kabare please bring them to the Conference Hub on Wednesday or Thursday morning.

There will be a thank-offering for the Diocese of Marsabit at the closing Eucharist on Thursday afternoon. Cheques should be made payable to 'Friends of Marsabit' and there is a gift aid declaration on their leaflet. If you will not be present on Thursday, gifts can be left in the Conference Hub.

CCLA Sponsorship

We are delighted to acknowledge the generous sponsorship of **Refresh** provided by CCLA. They are a leading provider of investment services to churches, charities and the public sector with a range of funds exclusively for organisations associated with the work and mission of the Church of England. There is more information about their services in the booklet provided in your welcome pack. Do have a look.



Video and Photography

We will be taking photographs and video to capture the feel of **Refresh**. If you do not want to be seen in these, please speak to John Howden who is leading the video team.

Listen Again

The main addresses delivered in the Ivor Crewe Lecture Theatre will be videoed. All the workshops and seminars will be recorded by the University's *Listen Again* facility. Information on how to access the on-line recordings will be made available after the event.

Next Year

If you're enjoying Refresh, you might like to make a note in your diary for next summer. On 19th and 20th June 2018 there will be a Ministry Summer School looking at 'Ageing and Dementia' organised by the CMD Team and the Cathedral Theological Society. James Woodward from Sarum College is speaking. More details to follow in the autumn, or contact Canon Edward Carter at the Cathedral if you'd like to express an interest.

Refresh Programme

Tuesday 4 July 2017

09.30 Registration and coffee in the Ivor Crewe Lecture Hall

10.45 **Morning Worship**, Bible Reflection, news, interviews, prayer and opening address from Bishop Stephen (Ivor Crewe)

12.30 Lunch options:

Outlet	Venue
Canteen serves a choice of hot meals that changes daily	Square 3
Happy Days is an American-style diner specialising in chicken and burgers	Square 4
Blues is a café serving soups, casseroles, jackets, carvery sandwiches and salads	Square 4 First Floor
Fusion offers international and street food including vegetarian and vegan options	Square 4 First Floor
And there will be a gazebo offering street food main courses	Square 4

14.15 **Workshops: Session 1**

Option	Speaker and Title	Venue
A	David Turner <i>Work- a Four Letter Word?</i>	LTB 9 Second Floor
B	Andy Emerton <i>Shaping Christian Leaders</i>	LTB 5 First Floor
C	Bishop Sören <i>His name wasn't Luther</i>	LTB 7 First Floor
D	Steve Hollinghurst <i>Consumers of Religious Product or Disciples of Christ?</i>	LTB 8 First Floor
E	John Dunnett <i>Reshaping the culture of local churches</i>	LTB 6 First Floor
F	Andy Kind <i>Laughing in the Aisles; the healing gift of comedy</i>	LTB 2 Basement
G	Br Sam <i>Our Common Home – reflections on the</i>	LTB 1 Basement

	<i>Fifth Mark of Mission</i>	
H	Elizabeth Snowden <i>Holy Habits</i>	LTB 3 Ground Floor
I	DDO Team: Philip Need, Hilary le Seve and Calvert Prentis <i>Calling and Sending</i>	TC2.15 Teaching Centre Ground Floor

15.15 Tea served in Lecture Theatre Building Foyer and collect room keys from LTB4

Settle into accommodation

16.30 **Holy Communion** using the Kenyan liturgy with Bishop Qampicha, Bishop of Marsabit. The preacher is HH Judge David Turner (Ivor Crewe)

18.00 Dinner options

Outlet	Venue
Canteen serves a choice of hot food that changes daily	Square 3
Happy Days is an American-style diner specialising in chicken and burgers	Square 4
Blues is a café serving soups, casseroles, jackets, carvery sandwiches and salads	Square 4 First Floor
Fusion offers international and street food including vegetarian and vegan options	Square 4 First Floor

19.45 **Entertainment Programme**

- 1) **Stand-up Comedy** with Andy Kind (Top Bar, First Floor, Square 4 – next door to Blues. Doors open 7.15pm)
- 2) **Lazy Day Summer Wines** with Robert Hammond. Please remember to bring your donation of £5. (TC2.12&13) **This option is full**
- 3) **Quiz Night** with Michael Minta (Frango's is off Square 3 next to LTB or use the entrance for SU Reception and Sub Zero directly off Square 3. Doors open 7.15pm)
- 4) **Film Night** We are showing three DVDs, please choose between:
 - (1) **What We Did on Our Holiday** (Comedy with much to reflect on about family hopes and tensions, Rated 12A, 95 minutes) showing in LTB 5
 - (2) **Selma** (about the civil-rights struggle, a triumphant story of the power of the people, Rated 12, 128 minutes) showing in LTB 9
 - (3) **The Way** (about the Camino, Rated 12, 123 minutes) showing in LTB 10
- 5) **Student Union Bar**. The student bar is open until about 11pm serving a full range of drinks, coffee and some snacks.

6) Summer Evening Walk – ideas and maps available
at www.essex.ac.uk/about/colchester/wivenhoe_park.aspx

21.45 Night Prayer (LTB6 optional)

Wednesday 5 July 2017

07.30 Holy Communion with The Bishop of Richborough (LTB4 optional)

07.00 Breakfast - the outlets are serving until 9.15 but go early to avoid the queues

Outlet	Venue
Canteen serves a full English hot breakfast	Square 3
Happy Days is an American-style diner with hot breakfast options	Square 4
Blues is a café offering a continental breakfast	Square 4 First Floor

09.40 **Morning Worship**, Bible Reflection, news and prayer with Fr Raniero Cantalamessa preaching (Ivor Crewe)

11.00 Coffee (Ivor Crewe Upper Foyer, LTB4 and Teaching Centre Foyer – please choose according to where your next workshop is taking place)

11.30 **Workshops: Session 2**

Option	Speaker and Title	Venue
A	Neil Hudson <i>Whole Life Disciplemaking: Empowering Believers for Their 'Frontline' Ministry</i>	LTB 1 Basement
B	Jane Williams <i>Missionary Spirituality</i>	Ivor Crewe
C	Jill Hopkinson <i>Discipleship in rural communities</i>	LTB 3 Ground Floor
D	Elizabeth Henry and Dean Pusey <i>Soul Food!</i>	TC2.14 Teaching Centre Ground Floor
E	John Dunnett <i>Leading a disciple making church</i>	TC2.12&13 Teaching Centre Ground Floor
F	Bishop Qampicha <i>Discipleship in Northern Kenya</i>	LTB 5 First Floor
G	Bishop Norman Banks <i>Teresa of Avila Slow Burn — Bright Flame</i>	TC2.15 Teaching Centre Ground Floor
H	James Carey	LTB 10 Second Floor

	<i>Authentic Preaching</i>	
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12.30 Lunch options:

Outlet	Venue
Canteen serves a choice of hot food that changes daily	Square 3
Happy Days is an American-style diner specialising in chicken and burgers	Square 4
Blues is a café serving soups, casseroles, jackets, carvery sandwiches and salads	Square 4 First Floor
Fusion offers international and street food including vegetarian and vegan options	Square 4 First Floor
And there will be a gazebo offering street food.	Square 4

14.00 Activity Options

Activity	Venue and Meeting Point
Choir with Carla Hampton	Ivor Crewe
Karate with Paul Hamilton	LTB 4 Ground Floor
Balloon Modelling with John Guest	TC2.14 Teaching Centre Ground Floor
Mime Skills with Ken Wiley <i>This option is full</i>	TC2.12&13 Teaching Centre Ground Floor
Juggling with Andrew Fordyce <i>This option is full</i>	LTB 1 Basement
Icon painting with Margaret King <i>This option is full</i>	TC2.10 Teaching Centre Ground Floor
Coaching with Geoff Read	TC2.15 Teaching Centre Ground Floor
Bird Watching with Martin Wood <i>This option is full</i>	Meet Ivor Crewe Upper Foyer
Jogging with Sara Batts	Meet at the 64 double-decker bus
Walk download maps from www.essex.ac.uk/about/colchester/wivenhoe_park.aspx or meet Elizabeth Price to go as a group	Meet at Fire Assembly point (Red Seating) in Square 5
For sport and gym options , meet at the Sports Centre Reception	Sports Centre

15.30 Tea (served in Ivor Crewe Upper Foyer, LTB Foyer and Teaching Centre Foyer – please choose according to where your next workshop is taking place)

16.00 **Workshops:** Session 3

Option	Speaker and Title	Venue
A	Fr Raniero Cantalamessa <i>The Preaching Ministry: How to become effective preachers of the Gospel</i>	LTB 7 First Floor
B	Rob Merchant <i>Growing older as a disciple of Christ</i>	LTB 9 Second Floor
C	Bishop Sören God loves children?	Cancelled
D	David Neita <i>From Conformity to Transformation</i>	TC2.14 Teaching Centre Ground Floor
E	Mark Russell <i>Sustaining your soul in Ministry</i>	LTB 2 Basement
F	Lee Batson Walking in Discipleship with the World Church	Cancelled
G	Sharon Prentis <i>What is in your hand?</i> <i>Mission & the Parish: An asset-based approach</i>	LTB 1 Basement
H	Joel Gowen <i>Going against the flow</i>	TC2.15 Teaching Centre Ground Floor
I	Evie Vernon & Richard Bartlett <i>“As you did it to others, you did it to me”: Jesus’ call to holistic discipleship and mission.</i>	TC2.10 Teaching Centre Ground Floor

17.00 **Worship**

1. Common Worship Eucharist with Jenny Tomlinson presiding and Mark Russell preaching (LTB4)
2. Informal evening worship with Jonny and Hannah Patton from St John’s Colchester and Joel Gowen preaching (Ivor Crewe)
3. Common Worship Evening Prayer enriched with texts and music from a range of sources including Taizé and the Community of Jerusalem led by Nicholas Henshall with Br Sam preaching (LTB6)
4. Lutheran Evening Prayer with Hymns with a reflection on the writings of Dag Hammarskjöld led by a team from the Diocese of Karlstad (TC2.12&13)
5. Eco-church/Forest Church – an outdoor option with Ruth Valerio and Graham Hamborg (Meet at the number 64 double-decker red bus). **This option is full.**
6. Silent worship with Bishop Stephen (TC2.15) **This option is full.**

18.00 Dinner options:

Outlet	Venue
Canteen serves a choice of hot food that changes daily	Square 3
Happy Days is an American-style diner specialising in chicken and burgers	Square 4
Blues is a café serving soups, casseroles, jackets, carvery sandwiches and salads	Square 4 First Floor
Fusion offers international and street food including vegetarian and vegan options	Square 4 First Floor

19.45 **After-dinner** Join us for a light-hearted contribution to a serious topic with either:

1. David Neita, Jamaican poet and barrister, speaking on *Leadership* (LTB7)
2. James Carey, comedy writer and member of General Synod, speaking on *Stand-Up Theology* (LTB6)

20.30 Bars open, you can use the SU Bar which is open to others on campus or come to either of these where we have exclusive use until 10.30pm:

1. **Frango's** (off Square 3 next to LTB or use the entrance for SU Reception and Sub Zero directly off Square 3). Meet our guests from Karlstad who will be happy to talk about exchange visits or you can try Luther's *Table Talk*. There are tables if you want to play cards or board games (bring your own please).
2. **Top Bar** (First Floor, Square 4 – next door to Blues). Plenty of space to meet and chat and there is a pool table (chargeable)

21.45 Night Prayer (LTB6 optional)

Thursday 6 July 2017

07.00 Breakfast - the outlets are serving until 9.15 but go early to avoid the queues

Outlet	Venue
Canteen serves a full English hot breakfast	Square 3
Happy Days is an American-style diner with hot breakfast options	Square 4
Blues is a café offering a continental breakfast	Square 4 First Floor

Clear bedrooms by 9.30 – luggage to cars or Conference Hub in Ivor Crewe lower level. Please put room keys in the feedback envelopes provided and either use one of the key-drops in your accommodation or bring keys to Ivor Crewe. Any lost or unreturned keys will be charged to you!

09.40 **Morning Worship**, Bible Reflection, news, prayer and 'take-away' sermon from The Bishop of Repton, Jan McFarlane (Ivor Crewe)

11.00 Coffee (served in Ivor Crewe Upper Foyer, LTB Foyer and Teaching Centre Foyer – please choose according to where your next workshop is taking place)

11.45 **Workshops:** Session 4

Option	Speaker and Title	Venue
A	Bishop Jan McFarlane <i>How Beautiful are your Feet?</i>	Ivor Crewe
B	Ruth Valerio <i>Just Living: Following Jesus in a consumer society</i>	LTB 3 Ground Floor
C	Adrian Chatfield <i>Born to Run (and Pray)</i>	LTB 9 Second Floor
D	Catherine Nacekievill <i>What do disciples do all day?</i>	LTB 6 First Floor
E	John Kafwanka <i>Intentional Discipleship and the Anglican Communion</i>	TC2.10 Teaching Centre Ground Floor
F	Bishop Frank White <i>Nourishment from our Apostolic Roots?</i>	LTB 1 Basement
G	Paul Harcourt <i>Learning disciple-making from rapidly multiplying movements</i>	LTB 2 Basement
H	Ann Coleman <i>Spiritual Direction in Christian Discipleship: transforming life from the inside out</i>	TC2.12&13 Teaching Centre Ground Floor
I	DDO Team: Philip Need, Hilary le Seve and Calvert Prentis <i>Calling and Sending</i>	LTB 7 First Floor

12.45 Lunch options:

Outlet	Venue
Canteen serves a choice of hot food that changes daily	Square 3
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And there will be a gazebo	Square 4

offering street food.	
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14.15 **Sending out:** Eucharist with Bishop Stephen's commission (Ivor Crewe)

16.00 Depart