

Keeping the Faith

How have I been keeping the faith? How am I today?



How have your beliefs been challenged in the last two years?

What were your spiritual practices before the Pandemic? Have they changed? If, yes, how have they changed?

What has most sustained you spiritually?

What has most challenged you?

What has been the biggest loss for you?

What has been the greatest gift for you?

What have you learnt about yourself?

What have you learnt about God's relationship with you and your relationship with God?

Where have you seen God at work?

“We hope for what we cannot yet see” (Jurgan Moltmann) What is your greatest hope at this present time, for yourself, your family and your congregation? Can you share these thoughts with God?

“Let nothing disturb you, nothing frighten you,
all things are passing, God is unchanging.
Patience gains all; nothing is lacking to those who
have God: God alone is sufficient.”

Prayer Stations

Around the cathedral are some prayer stations. Three of them have themes specific to our titles today and there are three others that touch on some of the content. Please make use of them. You may find the “Keep the Faith” station and the “Encountering Christ” station particularly relevant and helpful at this point.