

Confirmation was originally part of the Baptism rite and is a sacramental act in which a person affirms their desire to continue in their Christian walk of faith and intention to live a life of responsible and committed discipleship. This is confirmed by the presiding Bishop through the laying on of hands and the Church also asks God to give them power through the Holy Spirit to enable them to live in this way.

Who can be confirmed?

The key requirements for confirmation are:

- anyone who has been baptised
- and is old enough to answer responsibly for themselves...
- and has received appropriate preparation.

Confirmation services take place at different churches around the diocese, please visit <https://www.chelmsford.anglican.org/confirmations> for more information, dates and venues for confirmation services.

- Speak to your vicar about potential candidates
- You will need to prepare the potential candidates with some age-appropriate resources

Resources for Confirmation Preparation

100 Things for your Child to Know Before Confirmation, Rebecca Kirkpatrick, SPCK Publishing, 2015

<https://www.eden.co.uk/shop/100-things-for-your-child-to-know-before-confirmation-4337529.html>

Youth Emmaus 2: Big Issues and Holy Spaces, Gosling, D. et al.; Church House Publishing, 2006

<http://www.chpublishing.co.uk/books/9780715140482/youth-emmaus-2>

Are You Ready? Preparing Young People to Live Their Confirmation, Pete Maidment, SPCK Publishing, 2015

<https://chbookshop.hymnsam.co.uk/books/9780281071494/are-you-ready>

The Confirmation Experience: Leader's Book, Susan Sayers, Kevin Mayhew

<https://chbookshop.hymnsam.co.uk/books/9781844176038/the-confirmation-experienceleaders-book>

More resources: <https://chbookshop.hymnsam.co.uk/features/confirmation-preparation>

The next steps...

- Consider gifts for each candidate to support them in their own growing discipleship
 - Living Your Confirmation, Pete Maidment, Paul Butler, SPCK, 2012
<https://spckpublishing.co.uk/living-your-confirmation>
- Consider how you and the church community will continue to support the young people in their discipleship journey.
- Consider setting each candidate with a mentor.
- Encourage the young people to consider diocesan opportunities such as Youth Synod, the Growing Leaders Programme, or the Living Way Discipleship Group
- Support them in taking on roles within the church and beyond.
- Continue to pray for them...