

# *Worship At Home*

From <https://www.northumbriacommunity.org/offices/> & Rev. C Beckett

*For each day, to be read aloud.*

+ In the name of the Father,  
and of the Son,  
and of the Holy Spirit. Amen

Search me, O God, and know my heart.  
Test me and know my thoughts.  
See if there is any wicked way in me  
and lead me in the way everlasting.

## **Canticle**

Christ, as a light illumine and guide me.  
Christ, as a shield overshadow me.  
Christ under me; Christ over me;  
Christ beside me on my left and my right.  
This day be within and without me,  
lowly and meek, yet all-powerful.  
Be in the heart of each to whom I speak;  
in the mouth of each who speaks unto me.  
This day be within and without me,  
lowly and meek, yet all-powerful.  
Christ as a light; Christ as a shield;  
Christ beside me on my left and my right.

## **Confession**

Lord God of love,  
I have not loved you with my whole heart.  
Lord, have mercy.  
I have not loved my neighbour as myself.  
Christ, have mercy.  
I have sinned in thought, word and deed  
And in what I have left unspoken and undone.  
Lord, have mercy.  
Lord, forgive.

<sup>11</sup> If I say, 'Surely the darkness will hide me  
and the light become night around me,'  
<sup>12</sup> even the darkness will not be dark to you;  
the night will shine like the day,  
for darkness is as light to you.

<sup>13</sup> For you created my inmost being;  
you knit me together in my mother's womb.

<sup>14</sup> I praise you because I am fearfully and wonderfully made;  
your works are wonderful, I know that full well.

<sup>15</sup> My frame was not hidden from you  
when I was made in the secret place,  
when I was woven together in the depths of the earth.

<sup>16</sup> Your eyes saw my unformed body;  
all the days ordained for me were written in your book  
before one of them came to be.

<sup>17</sup> How precious to me are your thoughts, <sup>[a]</sup> God!  
How vast is the sum of them!

<sup>18</sup> Were I to count them,  
they would outnumber the grains of sand –  
when I awake, I am still with you.

## **Blessing**

O Lord, bless us and keep us,  
make your face shine upon us,  
look kindly on us and grant us your peace. Amen.

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## **A prayer Before Sleeping**

Calm me, O Lord, as You stilled the storm.  
Still me, O Lord, keep me from harm.  
Let all the tumult within me cease.  
Enfold me, Lord, in Your peace.  
Amen.

### Expression of Faith

Lord, You have always given  
bread for the coming day;  
and though I am poor,  
today I believe.

Lord, You have always given  
strength for the coming day;  
and though I am weak,  
today I believe.

Lord, You have always given  
peace for the coming day;  
and though of anxious heart,  
today I believe.

Lord, You have always kept  
me safe in trials;  
and now, tried as I am,  
today I believe.

Lord, You have always marked  
the road for the coming day;  
and though it may be hidden,  
today I believe.

Lord, You have always lightened  
this darkness of mine;  
and though the night is here,  
today I believe.

Lord, You have always spoken  
when time was ripe;  
and though you be silent now,  
today I believe.

*In a quiet moment, imagine your troubles,  
resting in your hands. Feel their weight.  
Open your hands and offer them to God.*

### Prayer for Others

God, you are all mighty, greater than any problem,  
Kinder than any friend,

I thank you that you hear me when I pray.

I thank you for all the blessings you have given to me...

I pray for the world and every place where there is trouble...

I pray for the church and her leaders: give wisdom, love and life...

I pray for my community and its needs...

I pray for all those suffering in body, mind or spirit...

I pray for those who have died and those who love them...

I pray for myself...

Be near me today and always.

Help me to know you,

Help me to trust you,

Help me to love you. Amen.

### Psalm 139

You have searched me, LORD and you know me.

<sup>2</sup>You know when I sit and when I rise;  
you perceive my thoughts from afar.

<sup>3</sup>You discern my going out and my lying down;  
you are familiar with all my ways.

<sup>4</sup>Before a word is on my tongue  
you, LORD, know it completely.

<sup>5</sup>You hem me in behind and before,  
and you lay your hand upon me.

<sup>6</sup>Such knowledge is too wonderful for me,  
too lofty for me to attain.

<sup>7</sup>Where can I go from your Spirit?

Where can I flee from your presence?

<sup>8</sup>If I go up to the heavens, you are there;  
if I make my bed in the depths, you are there.

<sup>9</sup>If I rise on the wings of the dawn,  
if I settle on the far side of the sea,

<sup>10</sup>even there your hand will guide me,  
your right hand will hold me fast.