

Ivor is whispering words of wisdom

BOOKSHELF

SONGS For The Soul is a collection of musical musings and discussions penned by Chelmsford Cathedral's Vice-Dean and author Ivor Moody.

In this book (right), to be published in February, Ivor (left) discusses his own interpretations of popular songs by the likes of The Beatles, Bob Dylan and Simon & Garfunkel.

Reflecting on Beatles legend Paul McCartney's 'Let It Be', Ivor says: "It's a song which illustrates the bittersweet paradox between distance and closeness."

"Paul McCartney recognised immediately the religious connotations of their song."

"The words of the song speak to a mother's watching presence, a comforter of the brokenhearted people in the world whose advice is to wait, to trust, and believe that everything will come right in the end."

Moody sees popular music as a natural extension of his own spirituality, and writes that each of the six songs featured in this book contains "a treasury of blessings".

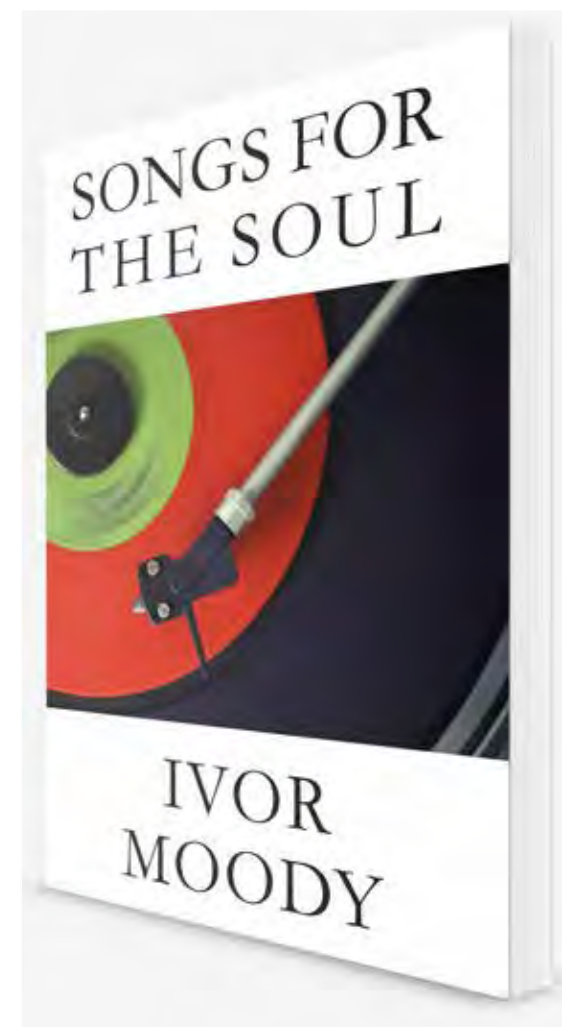
He argues that whilst the songs are in fact secular they should not be dismissed or

condemned. Rather, they are open to the spiritual interpretation that music and the personal meanings we take from it should be incorporated into our everyday worship.

Reviewing the paperback, Revd Dr Malcolm Guite says: "From 'Message in a Bottle' to 'Let it Be', Ivor Moody opens up the deepest messages, and lets these old songs be something new in the minds of the reader."

"Moving seamlessly from Sting to George Herbert, from Nina Simone to St Paul, Ivor finds the hidden treasures and the spiritual nourishment nestled and embedded in popular song and links them to the great themes of scripture and the great spiritual writings of the past."

● *Songs For The Soul*, ISBN 978-1910265260, will be published on February 23 by Rejoice Publications at £7.99 and launched at a Cathedral service on February 26. The book is available at a 10 per cent discounted price of £7 plus postage and packing from the Diocesan Christian Bookshop, tel 01245 294405, e-mail bookshop@chelmsford.anglican.org.



DIOCESAN CYCLE OF PRAYER — February to March 2017

Cycle of Prayer for daily use in Diocese of Chelmsford

Prayer is the sum of our relationship with God. We are what we pray. (Carlo Carretto)

FEBRUARY 2017

1 WEDNESDAY Brigid, Abbess of Kildare, c.525

- DEANERY OF EPPING FOREST & ONGAR —Area Dean: Joyce Smith. Lay Chair: Vacancy Assistant Area Deans: Vernon Ross, Peter Smith Deanery Readers: Andrew Argyrakis, Judith Argyrakis. Lay Trainer: Samantha Brazier-Gibbs. Deanery continued...
- FYFIELD (St Nicholas), MORETON (St Mary Vn) w BOBBINGWORTH (St Germain) & WILLINGALE (St Christopher) w SHELLLOW and BERNERS RODING—Clergy: Christine Hawkins (PIC), Sam Brazier-Gibbs (OPM). Reader: Pam Watson.
- Dr Walker's CE Primary School: Wendy Myers (HT).
- Moreton CE Primary School: Karen Wallace (HT).
- Diocese of Litoral Ecuador (Province XI, The Episcopal Church).
- 2 THURSDAY** The Presentation of Christ in the Temple (Candlemas)
- GREENSTED JUXTA ONGAR (St

Andrew) w STANFORD RIVERS (St Margaret) and STAPLEFORD TAWNEY (St Mary Vn) w THEYDON MOUNT (St Michael)—Clergy: Vacancy (PIC). Licensed Lay Minister: Martyn Lockwood.

● Diocese of Liverpool (York).

3 FRIDAY Anskar, Archbishop of Hamburg, Missionary, 865

- HIGH LAVER (All Saints) w MAGDALEN LAVER (St Mary Magdalene) w LITTLE LAVER (St Mary Vn) and MATCHING (St Mary Vn) w MATCHING GREEN (St Edmund)—Clergy: Gill Anderson (PIC).
- Matching Green CE Primary School: Amy Wareham (HT).
- Most Revd Dr Barry Morgan, Archbishop of Wales and Bishop of Llandaff, and the Diocese of Llandaff.

4 SATURDAY Gilbert of Sempringham, Founder of the Gilbertine Order, 1189

- Gilbert of Sempringham, in the calendar today, was what we would call a "pioneer minister". He lived 800 years ago and felt that the church in England needed some fresh expressions – so being a practical person, he started one. At a time when even in parish churches there was strict segregation by gender, Gilbert founded a monastic community in Lincolnshire for both men and women. He was the only Englishman in history until the 19th century to found a religious order, and his

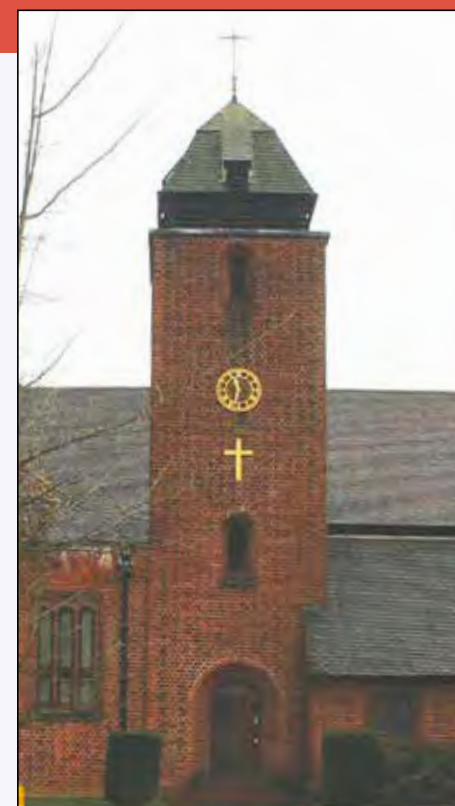
"new monastic" community thrived, founding over 20 missions.

● Diocese of Lokoja (Lokoja, Nigeria).

5 FOURTH SUNDAY BEFORE LENT

- National Marriage week begins on Tuesday: Lord of life and love, we pray for all who are preparing for marriage; for those who are already married and for those who find their marriages difficult. Be with them all; in their joy and sadness, their hope and their expectations, and above all, help them to understand that you hold them in love each moment of their lives. We ask this through Jesus Christ our Lord. Amen.
- Diocese of Lomega (Loryko, Sudan), The Rt Revd Paul Yugusuk.
- 6 MONDAY** The Martyrs of Japan, 1597 Accession of Queen Elizabeth II, 1952
- HIGH ONGAR (St Mary) w NORTON MANDEVILLE (All Saints)—Clergy: Malcolm Peters (PIC), Graham Fairbairn (AC).
- Diocese of London (Canterbury).
- 7 TUESDAY**
- NORTH WEALD (St Andrew)—Clergy: James Rodley (PIC).
- St Andrew's CE Primary School: Julie Lorkins (HT).
- Dioceses of Long Island (Province II, The Episcopal Church) and Los Angeles (Province VIII, The Episcopal Church).

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GIDEA PARK ST MICHAEL: Please pray for the clergy and congregation on March 3.

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FEBRUARY 2017

8 WEDNESDAY

- The retired clergy, Readers, and lay ministers who live and work in the Deanery of Epping Forest and Ongar.
- Dioceses of Louisiana (Province IV, The Episcopal Church) and Western Louisiana (Province VII, The Episcopal Church).

9 THURSDAY

- DEANERY OF HARLOW—Area Dean: Martin Harris. Lay Chair: John Winterbotham. Assistant Area Dean: Brian Surtees. Chaplain: Christian Okeke (Princess Alexandra Hospital NHS Trust).

- Diocese of Luapula (Central Africa).

10 FRIDAY

- EMBER DAY
- GREAT HALLINGBURY (St Giles) & LITTLE HALLINGBURY (St Mary Vn)—Clergy: Janice Green (PIC). Licensed Lay Minister: Caroline Harding.
- Little Hallingbury CE Primary School: Sonia Strickland (HT).
- Diocese of Lucknow (North India).

11 SATURDAY

- EMBER DAY
- Mark 8: 1-10: Today's Gospel is the feeding of the 4,000. Mark has already recounted the feeding of the 5,000 in Chapter 6. It is a hugely important miracle – and the only one found in all four Gospels. The evangelists want us to know about the character of the God we meet in Jesus: he is a God who feeds hungry people in desert places; he is a God of compassion and love; above all he is a God of extraordinary abundance whose grace is like having seven baskets full of crumbs left over.
- Diocese of Lui (Central, Sudan).

12 THIRD SUNDAY BEFORE LENT

- Racial Justice Sunday: Today is an opportunity to reflect on the importance of racial justice, to give thanks for human diversity, and pray for an end to misunderstanding, racism and injustice. Pray too for the work of the Minority Ethnic Anglican Concerns Group.
- Diocese of Lusaka (Central Africa), Rt Revd David Njovu.

13 MONDAY

- HARLOW (St Mary & St Hugh w St John the Baptist)—Clergy: Dave Welch (V).
- Harlow Churchgate CE Primary School: Jonathan Tye (HT).
- David and Marlene Fry (Austria).
- Diocese of Luwero (Uganda).

14 TUESDAY Cyril & Methodius, Missionaries to the Slavs, 869 and 885; Valentine, Martyr at Rome, c.269

- HARLOW (St Mary Magdalene)—Clergy: James Rodley (PIC), Garry Neave (AC).
- William and Sarah Babumba (Geneva).
- Paul Williams (Mongolia).
- Diocese of Lweru (Tanzania).

15 WEDNESDAY Sigfrid, Bishop, Apostle of Sweden, 1045 Thomas Bray, Priest, Founder of SPCK and SPG, 1730.

- HARLOW TOWN CENTRE (St Paul w St Mary), LITTLE PARNDON TM—Clergy: Martin Harris (AD, TR), Vacancy (TV), Brian Surtees (AC), Barbara Aylett (A), Dominic Turner (A). Reader: Peter Smith.
- Diocese of Machakos (Kenya).

16 THURSDAY

- GREAT PARNDON (St Mary)—Clergy: Sharon Guest (AC).
- St James' CE Primary School: Gina Bailey (HT).
- Diocese of Madhya Kerala (South India).

17 FRIDAY Janani Luwum, Archbishop of Uganda, Martyr, 1977

- TYE GREEN (St Stephen) w NETTESWELL (St Andrew)—Clergy: Ernie Guest (PIC), Christian Okeke (AC), Richard Attew (A).
- William Martin CE Infant & Nursery School: Janet Matthews (HT).
- William Martin CE Junior School: Janet Matthews (HT).
- Diocese of Madurai-Ramnad (Southern India).

18 SATURDAY

- Today's reading is Mark's account of the Transfiguration of Jesus (Mark 9: 2-13). We will be reading Matthew's account a week on Sunday, just before Lent begins. And that is the point: Jesus is transfigured and seen in glory by his three closest disciples as a sign and a promise. He has begun to tell his disciples that following him means giving up everything, and that he himself faces suffering and death. But here, bang in the middle of the Gospel, he discloses divine glory, a promise. They do not understand, of course, and we find it hard to grasp, but it points forward to the glory of Christ's atoning sacrifice for the sins of the whole world (1 Jn 2.2).
- Diocese of Madi & West Nile (Uganda).

19 THE SECOND SUNDAY BEFORE LENT

- Please pray for the Workplace Chaplaincy (formerly Essex Churches Council for Industry and Commerce), its Principal Officer, Ven Martin Webster, and its Chaplains.
- Diocese of Mahajanga (Indian Ocean).

20 MONDAY

- LATTON (St Mary)—Clergy: Lynn Hurry (V), Trevor Sharp (A).
- Dioceses of Maiduguri (Jos, Nigeria) and Makurdi (Abuja, Nigeria).

21 TUESDAY

CYCLE OF PRAYER



HAROLD WOOD ST PETER: Members of the St Peter's congregation had a busy Saturday morning dismantling the Christmas decorations that adorned the church. Please pray for the clergy and congregation on March 7. Pictures: JON LONGMAN

- HATFIELD BROAD OAK (St Mary Vn) w BUSH END (St John the Evangelist)—Clergy: Naomi Wormell (V).
- St Mary's CE Primary School: Sonia Strickland (HT).
- Diocese of Maine (Province I, The Episcopal Church).

22 WEDNESDAY

- HATFIELD HEATH (Holy Trinity) w SHEERING (St Mary Vn)—Clergy: Dawn Jewson (PIC).
- Sheering CE Primary School: Lorna Brittain (HT).
- STAPLE TYE (St James) Clergy: Vacancy (V).
- Most Revd Martin Nyaboho, Archbishop of Burundi and Bishop of Makamba, and the Diocese of Makamba.

23 THURSDAY Polycarp, Bishop of Smyrna, Martyr, c 155

- NAZEING (All Saints w St Giles)—Clergy: Helen Gheorghiu Gould (PIC).
- ROYDEN (St Peter) Clergy: Vacancy (PIC).
- Diocese of Makueni (Kenya).

24 FRIDAY

- CHURCH LANGLEY—Clergy: Ann Kosla (V), Charlie Kosla (AC). Licensed Lay Minister: Lis Scott.
- Diocese of Malaita (Melanesia).

25 SATURDAY

- Today's Gospel (Mark 10: 13-16) gives us a remarkable picture of the welcome Jesus offers to all. People are bringing children to Jesus, but the disciples rebuke them and seek to stop them. They are doing exactly what they think is right, protecting the dignity of their teacher. Jesus is furious and uses very strong language to the disciples, even saying "whoever does not receive the kingdom of God as a little child will never enter it." It is a good text for us to think about – who do we exclude from our fellowship because we are trying to protect Jesus, rather than seeking to share his gifts?
- Diocese of Malakal (Upper Nile, Sudan).

26 THE SUNDAY NEXT BEFORE LENT

- Church Action on Poverty Sunday: Please pray for people who experience poverty and those who make decisions that affect the lives of those in our poorest communities. Lord Jesus Christ, you became poor so that we might receive the riches of eternal life. Kindle in our hearts a flame of love for our neighbour that will give light to our whole community.
- Diocese of Malek (Upper Nile, Sudan).

27 MONDAY George Herbert, Priest, Poet, 1633

- Fairtrade Fortnight begins.
- The retired clergy, Readers and lay ministers who live and work in the Deanery of Harlow.
- Diocese of Malindi (Kenya).

28 SHROVE TUESDAY

- DEANERY OF HAVERING—Area Dean: David Hague. Lay Chair: Lynne Bennett. Assistant Area Deans: David Banting, Shaun Moore. Chaplains: Tim Coleman, Philip Wright (Barking, Havering & Redbridge Hospitals NHS Trust); Lara Dose (Romford Town Centre).
- Diocese of Manchester (York).

9 THURSDAY

- HORNBURCH (Holy Cross)—Clergy: David Pearson (PIC).
- HORNBURCH (St Nicholas) [Elm Park]—Clergy: Amanda Keighley (V), Tom Keighley (AC).
- Diocese of Masasi (Tanzania).

10 FRIDAY

- SQUIRRELS HEATH (All Saints) [Ardleigh Green]—Clergy: Chris Wragg (V).
- NORTH OCKENDEN (St Mary Magdalene)—Clergy: Michael Sparrow (PIC).
- Diocese of Maseno North (Kenya).

11 SATURDAY

- The Sermon on the Mount is the first part of Jesus' training for disciples. In today's passage (Matthew 5.43-end) he is giving them (and therefore us) the simplest and most challenging of teachings: "Love your enemies and pray for those who persecute you, so that you may be children of your Father in heaven". Like the rest of Jesus' teaching, these are not optional extras but essential parts of what it means to follow Jesus – and something our world really needs from us today.
- Diocese of Masindi-Kitara (Uganda).

12 THE SECOND SUNDAY OF LENT

- Thank God for the diocesan links with other parts of the world. Pray for understanding and love between all people of faith.
- Dioceses of Maseno South and Maseno West (Kenya).

13 MONDAY

- RAINHAM (St Helen & St Giles) w WENNINGTON (St Mary & St Peter)—Clergy: Henry Pradella (V), David Stainer (AC), Kingsley Akwasi-Yeboah (A).
- Diocese of Massachusetts (Province I, The Episcopal Church).

14 TUESDAY

- SOUTH HORNBURCH (St John & St Matthew)—Clergy: Vacancy (V).
- COLLIER ROW (The Ascension) Clergy: Bernadette Hull (PIC), Suzanne Mayes (AC).
- Diocese of Masvingo (Central Africa).

15 WEDNESDAY

- COLLIER ROW (The Good Shepherd)—Clergy: David Hague (AD, V), Keith Turner (AC), Dave Scott (A), Licensed Lay Ministers: Kerry Shipley, Marcus Giddy (LPM); Readers: Hosten Garraway, Rob Williams.
- Janet Dolder de Mena (Chile).
- Most Revd Dr Philip Leslie Freier, Archbishop of Melbourne & Primate of Australia, and the Diocese of Melbourne (Victoria, Australia).

16 THURSDAY

- COLLIER ROW (St James) w HAVERING-ATTE-BOWER (St John)—Clergy: David Anderton (V), Simon Lewis (A).
- Dame Tipping School: Kathryn Waters (HT).
- Diocese of Matlosane [formerly Klerksdorp] (Southern Africa).

17 FRIDAY Patrick, Bishop, Missionary, Patron of Ireland, c. 460

- ROMFORD (St Alban)—Clergy: Roderick Hingley (V).
- ROMFORD (St Augustine of Canterbury)—Clergy: Martin Howse (V).
- Diocese of Meath & Kildare (Dublin).

18 SATURDAY Cyril, Bishop of Jerusalem, Teacher of the Faith, 386

- Cyril was a Palestinian church leader in the 4th century. He was a great theologian and his teaching course for new Christians is still read today. He also encouraged Christians to live all the time in expectation of Christ's second coming. But perhaps the most interesting thing about his life – and the thing that makes him really worth celebrating – is that he was deposed as bishop because he had sold church property in order to help the poor and feed the starving. As a Christian, that's something worth being sacked for.
- Diocese of Mbaise (Nigeria).

19 THE THIRD SUNDAY OF LENT

- Please pray for those from our Diocese who represent us on both the Diocesan Synod and the General Synod, and give thanks for their dedication and hard work on our behalf.
- Diocese of Mbale (Uganda).

20 MONDAY JOSEPH OF NAZARETH; Cuthbert, Bishop of Lindisfarne Missionary, 687

- ROMFORD (St Andrew)—Clergy: Lara Dose (R) (also Romford Town Centre Chaplain).
- ROMFORD (St Edward the Confessor)—Clergy: Mike Power (V), Roger Clarke (A).
- St Edward's CE School & VI Form College: Andrew Kilpatrick (HT).
- St Edward's CE Primary School: Andrew Kilpatrick (HT).
- Diocese of Mbamili (Niger, Nigeria).

21 TUESDAY Thomas Cranmer, Archbishop of Canterbury, Reformation Martyr, 1556

- The Deeper Network (BMO)—Clergy: Andy Poultney (Minister in Charge).
- UPMINSTER (St Laurence)—Clergy: Susannah Brasier (R).
- The retired clergy, Readers and lay ministers who live and work in the Deanery of Havering.
- Our Link Diocese of Mbeere (Kenya), Rt Revd Moses Masamba Nthukah, Bishop.

22 WEDNESDAY

- DEANERY OF NEWHAM—Area Dean: Jeremy Fraser. Lay Chair: Shirley Biro. Assistant Area Deans: Dave Chesney, Cornelius Henry, Merrin Playle. Chaplains: Christopher Oladuji, Tristan Alexander-Watts (Barts Healthcare NHS Trust), Stephen Chandler (East London NHS Foundation Trust); Vacancy (University of East London); Vacancy (London City Airport).
- Diocese of Mbashe (Southern Africa).

23 THURSDAY

- PLAISTOW AND NORTH CANNING TOWN—THE DIVINE COMPASSION TEAM MINISTRY: (St Philip & St James) (St Martin) (St Mary) (St Matthias)—Clergy: Vacancy (TR), Christopher Oladuji (AC), Faith Wakeling (AC).
- The work of St Andrew's Centre, Mansfield House and The House of the Divine Compassion.
- Diocese of Medak (South India).

24 FRIDAY Walter Hilton of Thurgarton, Augustinian Canon, Mystic, 1396 Oscar Romero, Archbishop of San Salvador, Martyr, 1980

- EAST HAM HOLY TRINITY TEAM MINISTRY (St Mary, St Bartholomew, St Alban Upton Park, St Edmund)—Clergy: Susan Lucas (TR), Quintin Peppiatt (TV), Ann Easter (AC).
- EAST HAM (St George and St Ethelbert)—Clergy: David Haokip (V), Gabriel Anan (AC).
- Most Revd Dr Philip Leslie Freier, Archbishop of Melbourne & Primate of Australia, and the Diocese of Melbourne (Victoria, Australia).

25 SATURDAY THE ANNUNCIATION OF OUR LORD TO THE BLESSED VIRGIN MARY

- Today is a very special day – the visit of the angel to Mary, and the first "date" to make it into the Christian calendar. The early Christians chose this date for very special reasons: March 25 is our calendar's version of the date for the Jewish Passover, the celebration of release from captivity in Egypt to freedom in the promised land – therefore also the day Jesus died. So when Christians began to reflect on the birth of Jesus they chose the same date, this day of new beginnings, for his conception. Which is why we celebrate Christmas on December 25 – because of the date of Easter!
- Our Link Diocese of Meru (Kenya), Rt Revd Charles Mwendwa (Bishop).

26 THE FOURTH SUNDAY OF LENT (MOTHERING SUNDAY)

- Pray for mothers everywhere, give thanks for their love and devotion, and pray, too, for the work of the Mothers' Union and the Women's Institute.
- Diocese of Mexico (Mexico).

27 MONDAY

- EAST HAM (St Paul)—Clergy: Merrin Playle (V), Elis Matthews (A), Reader: Philip Burgess.
- Dioceses of Milwaukee (Province V, The Episcopal Church) and Minnesota (Province VI, The Episcopal Church).

28 TUESDAY

- FOREST GATE (All Saints & St Edmund)—Clergy: Jeremy Fraser (PIC), David Hoyte (A), Marionette Macauley (A).
- Diocese of Minna (Lokoja, Nigeria).

29 WEDNESDAY

- FOREST GATE (Emmanuel w St Peter Upton Cross)—Clergy: Chigor Chike (V), Barnabas Matloob (CP).
- Diocese of Mishamikoweesh (Rupert's Land, Canada).

30 THURSDAY

- FOREST GATE (St Mark)—Clergy: Peter Stow (V).
- FOREST GATE (St Saviour and St James)—Clergy: Cornelius Henry (R).
- The Missionary District of Oeste-Brasil (Brazil) and the Diocese of Pelotas (Brazil).

31 FRIDAY John Donne, Priest, Poet, 1631

- LITTLE ILFORD (St Barnabas)—Clergy: James Ramsay (V).
- MANOR PARK [Little Ilford] (St Michael and All Angels, St Mary the Virgin)—Clergy: Brian Lewis (R), Patrick Morrow (AC).
- Diocese of Mississippi (Province IV, The Episcopal Church).



NOAK HILL ST THOMAS: Please pray for the clergy and congregations on March 6.

NOTES:

The Cycle of Prayer is also available on the Diocesan website: www.chelmsford.anglican.org/faith/prayer. Where parochial links are known to exist the names of overseas workers are placed immediately after the appropriate parish. Further information concerning overseas dioceses, including the names of bishops, is contained in the Anglican Cycle of Prayer, available on their website www.anglicancommunion.org/acp/main.cfm.

Honorary Editor: Jenny Robinson, 71 Powers Hall End, Witham, Essex CM8 1NH, 01376 516727 (email: jrobinson224@hotmail.com) who would be glad to receive comments and corrections and also any items for prayer and praise to be considered for inclusion from the parishes.

ABBREVIATIONS:

A Assistant Clergy; AAD Assistant Area Dean; AC Associate Clergy; ACD Associate Clergy Diaconate; AD Area Dean; ASM Associate Minister, AT Assistant Clergy Title Post; AYO Area Youth Officer; BP Bishop; C Community Worker; CA Church Army; CIC Curate in Charge; CHP Chaplain; EVN Evangelist; HT Head Teacher; LD Locally Deployed; LLM Licensed Lay Minister; MCD Minister of Conventional District; MIN Minister, P Priest; PIC Priest in Charge; R Rector; Rdes Rector designate; RDR Reader; PTO Permission to Officiate; RES Residency Canon; SNP Special Needs Post, T Teacher; TM Team Ministry; TR Team Rector; TV Team Vicar; V Vicar; Vdes Vicar designate; WDN Warden.

THE month — What's on near you during February in Essex & East London

Every Sunday

● **Chelmsford Cathedral.** 3.30pm. Evensong. See advertisement on back page for complete list of main services in the cathedral.

Monday-Saturday

● **Kings Cafe** (above Aldi), London Road, **Lexden**, Colchester. Monday-Friday 10am-4pm; Sat 10am-2pm.

Until Saturday, February 20

● **Chelmsford Cathedral** will host the Salvation Sculptures, six life-sized pieces by Iranian Christian sculptor Saloomeh Asgary. Chelmsford Cathedral will host the Salvation Sculptures. The six life-sized pieces are entitled 'Jonah in the Fish', 'Motherhood', 'Repentance', 'Salvation', 'Maturing' and 'Christ is Born'. Saloomeh was studying at University in Tehran when she had an encounter with Jesus which changed her life and brought a new sense of purpose to her work. As Saloomeh explains: "Each piece is a meditation on salvation through Christ. The designs were conceived during time spent in prayer and worship. The exhibition is free and open every day."

Wednesday, January 25

● **Chelmsford Cathedral.** 1-3pm. 'Welcome on Wednesday' in the Cathedral with our lay chaplain Jean Standen; tea/coffee and cakes. All welcome.

● **Chelmsford Cathedral.** 9.30am. Baby and Toddler Group.

● **Chelmsford Cathedral.** Chapter House. 8.00pm. Theological Society 'Christian Concern for Justice: defending and delivering access to justice today' Andrew Caplen; Past President of the Law Society of England and Wales. £3.50.

Thursday, January 26

● **Chelmsford Cathedral.** 10.45am. Faith and Fitness. A free fitness class with a difference for all ages and abilities. The session will include a prayer, a workout and meditation to improve your physical and spiritual health and well-being.

● **Chelmsford Cathedral.** 7.30pm. The Welsh Society meets in the Chapter House.

● **Church Langley, Harlow.** 7pm. **School for Disciples 2017.** Roadshow around the diocese to open up discussion as part of the Transforming Presence initiative. These stimulating and challenging events are free of charge and there is no need to book.

Friday, January 27

● **Chelmsford Cathedral.** 12.30-1.15pm. Lunchtime Concert by Johny Dyer & Vicki Swann (folk duo). Admission is free, but we welcome your contributions, which are divided between various charities and Cathedral expenses. Light refreshments are available in the Cathedral from 12 noon, or you are welcome to bring your own if you wish.

Saturday, January 28

● **Chelmsford Cathedral.** 6pm. Swedish Meal to raise funds for the Youth Group's Trip to Sweden. Swedish themed meal (Smorgasbord, meatballs, fish, pastries) and entertainment from the youth group. Tickets £20 per person from Tim Leeson or Steve Conroy via the Cathedral Office.

Sunday, January 29

● **Chelmsford Cathedral.** 3.30pm. Christingle Service. Traditional Christingle service and join together with your candle to encircle the entire Cathedral with light.

● **Chelmsford Cathedral.** 6pm. Epiphany and Candlemas Service.

Wednesday, February 1

● **Chelmsford Cathedral.** 1-3pm. 'Welcome on Wednesday' in the Cathedral with our lay chaplain Jean Standen; tea/coffee and cakes. All welcome.

● **Chelmsford Cathedral.** 9.30am. Baby and Toddler Group.

● **Lakeside Shopping Centre, Thurrock.** 1-3pm. Café Theology. Meet at the Food Court.

● **Library at the Diocesan Office, 53 New Street, Chelmsford.** 1pm. The Chelmsford Christian Bookshop Reading Group. Everyone is welcome and it is free to join. For details and encouragement, please contact the bookshop on 01245 294405 or email bookshop@chelmsford.anglican.org.

● **St Gabriel's, Pitsea.** 7pm. **School for Disciples 2017.** Roadshow around the diocese to open up discussion, part of the Transforming Presence initiative. These stimulating and challenging events are free of charge and there is no need to book.

Thursday, February 2

● **Chelmsford Cathedral.** 10am. Mothers' Union Corporate Communion in St Cedd's Chapel.

● **Chelmsford Cathedral.** 8pm. Mothers' Union Evening Section meets in St Cedd's Hall.

● **Chelmsford Cathedral.** 10.45am. Faith and Fitness. A free fitness class with a difference for all ages and abilities. The session will include a prayer, a workout and meditation to improve your physical and spiritual health and well-being.

● **St Laurence church, Corbets Tey Road, Upminster.** 1.05pm. Free lunchtime concert by James Parsons, organ. Retiring collection. Car parking available.

Friday, February 3

● **Chelmsford Cathedral.** 12.30-1.15pm. Lunchtime Concert by Laurence Lyndon-Jones (organ), Assistant Director of Music at Chelmsford Cathedral. Admission is free, but we welcome your contributions, which are divided between various charities and Cathedral expenses. Light refreshments are available in the Cathedral from 12 noon, or you are welcome to bring your own if you wish.

Saturday, February 4

● **Chelmsford Cathedral.** 10am-12 noon. Cathedral Coffee Morning in the Chapter House. Come and enjoy fresh coffee, home-made scones and a bring & buy.

● **Chelmsford Cathedral.** 3pm. Friends Winter Festival. Meeting in the Cathedral 3-4.30pm, followed by tea in Chapter House. Choral Evensong at 5.15pm

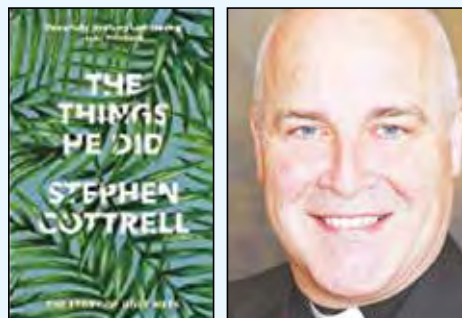
Bishop ponders 'The Things He Did'

By RACHEL ORFORD, Bookshop Manager
SO the Christmas tree has been recycled, the decorations have been taken down and now you are wondering what to spend those book tokens on.

Well, before you know it, the season of Lent will be upon us in March, so why not treat yourself and your bookshelf to 'The Things He Did', the latest title by the Bishop of Chelmsford.

Not specifically a Lent book, it can be read at any time of the year, but it revisits the events of Holy Week and, as you would expect from Bishop Stephen (right), this is done in a very insightful and impactful way.

The book draws out the significance of the happenings of this final week before the crucifixion – in particular the influence



of Jesus' actions – and weaves them into the familiar compelling story right up to the arrest and betrayal. With plenty of prompts for reflection, questions to ponder along the way and Bishop

Stephen's easy-to-read style, this is sure to be a best-seller in 2017.

● **You are warmly invited to the book's official Diocesan launch at the Diocesan Office at 12.30pm on Friday, January 27, when the author will be talking about the book, answering your questions and signing copies of the book.**

● **The book will be available at the special price of £7 (RRP £7.99) from the Chelmsford Christian Bookshop. There is no need to book your place for this event, but if you would like the bookshop to reserve you a copy or are unable to attend, but would like a signed copy, please contact the bookshop on 01245 294402/5 or by email to bookshop@chelmsford.anglican.org**

To find out more about becoming a member of the Friends of Chelmsford Cathedral, please see their website page (Cathedral/Community Group).

● **All Saints, Inmams Row, Woodford Wells IG8 0NH.** 9.30am-3pm. **Barking Vocations Day.** Vocations Days are an opportunity to consider God's call and find out more about the different types of ordained and licensed lay ministry from Church leaders. If you sense the slightest call to discover more about ministries in the Church of England, come along. Register for the day by sending an email to ruthdowley@hotmail.com or by phoning Revd Stuart Batten, tel 020 8550 2669.

Sunday, February 5

● **Chelmsford Cathedral.** 3.30pm. Evensong.

Wednesday, February 8

● **Chelmsford Cathedral.** 1-3pm. 'Welcome on Wednesday' in the Cathedral with our lay chaplain Jean Standen; tea/coffee and cakes. All welcome.

● **Chelmsford Cathedral.** 9.30am. Baby and Toddler Group.

● **St Mary the Virgin, Dunmow.** 7pm. **School for Disciples 2017.** Roadshow around the diocese to open up discussion, part of the Transforming Presence initiative. These stimulating and challenging events are free of charge and there is no need to book.

Thursday, February 9

● **Chelmsford Cathedral.** 2pm. Mothers' Union Afternoon Section meet in St Cedd's Hall.

● **Chelmsford Cathedral.** 10.45am. Faith and Fitness. A free fitness class with a difference for all ages and abilities. The session will include a prayer, a workout and meditation to improve your physical and spiritual health and well-being.

● **St Laurence church, Corbets Tey Road, Upminster RM14 2BB.** 1.05-1.50pm. Lunchtime concert by Roman Rudnytsky (piano). Free retiring collection.

● **Sing with the Spirit - group singing day at St Laurence, Blackmore CM4 0RN, 10am - 4pm.**

Friday, February 10

● **Chelmsford Cathedral.** 12.30-1.15pm. Lunchtime Concert by Forest School Chamber Orchestra. Admission is free, but we welcome your contributions, which are divided between various charities and Cathedral expenses. Light refreshments are available from 12 noon or bring your own.

Saturday, February 11

● **Chelmsford Cathedral.** 7.30pm. Rotary Young Musician.

● **All Saints church, Little Totham.** Sponsored fun walk or cycle to raise cash for a Community Defibrillator. For further information, contact Judi Bray on 01621 892304.

Sunday, February 12

● **Chelmsford Cathedral.** 9.30am. A celebration of Relationships for Marriage Week. A display of wedding dresses and wedding cake served between services.

● **Chelmsford Cathedral.** 3.30pm. Evensong.

Wednesday, February 15

● **Chelmsford Cathedral.** 1-3pm. 'Welcome on Wednesday' in the Cathedral with our lay chaplain Jean Standen; tea/coffee and cakes. All welcome.

● **Chelmsford Cathedral.** 9.30am. Baby and Toddler Group.

Thursday, February 16

● **Chelmsford Cathedral.** 10.45am. Faith and Fitness. A free fitness class with a difference for all ages and abilities. The session will include a prayer, a workout and meditation to improve your physical and spiritual health and well-being.

● **St Laurence church, Corbets Tey Road, Upminster RM14 2BB.** 1.05-1.50pm. Lunchtime concert by Richard Brasier (organ). This church has a particularly fine Kenneth Tickell pipe organ and attracts many international/renowned organists. Retiring collection.

Friday, February 17

● **Chelmsford Cathedral.** 12.30-1.15pm. Lunchtime concert by The Orpheus Singers, ladies choir. Admission is free, but we welcome your contributions, which are divided between various charities and Cathedral expenses. Light refreshments from 12 noon.

Saturday, February 18

● **Church Hall, Althorne CM3 6BY.** 10am-4pm. Books Galore in aid of St. Andrew's church repair fund. Books 'n' cakes, tea, coffee and toasts.

Sunday, February 19

● **Chelmsford Cathedral.** 3.30pm. Evensong.

Wednesday, February 22

● **Chelmsford Cathedral.** 1-3pm. 'Welcome on Wednesday' in the Cathedral with our lay chaplain Jean Standen; tea/coffee and cakes. All welcome.

● **Chelmsford Cathedral.** 9.30am. Baby and Toddler Group.

● **Chelmsford Cathedral.** 8pm. Chapter House. Theological Society 'Is equality a red herring? A reflection on Christian Social Ethics'. Revd Matthew Simpkins - former musician, journalist and lecturer, Matthew is now Assistant Curate in the Wickford and Runwell Team Ministry. £3.50.

Thursday, February 23

● **Chelmsford Cathedral.** 10.45am. Faith and Fitness. A free fitness class with a difference for all ages and abilities. The session will include a prayer, a workout and meditation to improve your physical and spiritual health and well-being.

● **Chelmsford Cathedral.** 7.30pm. The Welsh Society meets in the Chapter House.

● **St Laurence Church, Corbets Tey Road, Upminster RM14 2BB.** 1.05-1.50pm. Lunchtime concert by Tom Wraith (cello). Free with a retiring collection.

Friday, February 24

● **Chelmsford Cathedral.** 12.30-1.15pm. Lunchtime Concert by The Bishop Ensemble (violin, cello & piano). Admission is free, but we welcome your contributions, which are divided between various charities and Cathedral expenses. Light refreshments are available in the Cathedral from 12 noon, or you are welcome to bring your own if you wish.

● **Chelmsford Cathedral.** 6.45pm. The Sound of Music - sing-along live screening with the 'Voices of Verve' Tickets £15 www.spectrumscreenevents.co.uk Film starts 7.30pm.

Saturday, February 25

● **St Nicholas' church, Long Road, Canvey Island SS8 0JR.** 9.15am to 3.30pm. **Bradwell Vocations Day.** Vocations Days are an opportunity to consider God's call and find out more about the different types of ordained and licensed lay ministry from Church leaders. If you sense the slightest call to discover more about ministries in the Church of England, come along. Reserve your place for the day by contacting the Bishop's PA, Amanda Robinson, at arobinson@chelmsford.anglican.org or 01375 673806.

● **Christ Church, Ireton Road, Colchester CO3 3AT.** 10am-4pm. **Colchester Vocations Day.** To register contact Revd Geoff Read gread@chelmsford.anglican.org.

● **St Andrew's Marks Tey.** 3-5.30pm. Messy Church.

● **St George's church hall, Ongar Road (near Robin Hood roundabout), Brentwood.** 5pm. Sumptuous Spring Jumble Sale. Clothes, bric-a-brac, books, toys, games, shoes, handbags, household linen and more on sale. Come and find yourself a bargain! Admission, 30p. Funds raised in aid of St George's Womens Fellowship.

● **Grand February quiz.** St George's Church Hall, Ongar Rd (near Robin Hood Roundabout), Brentwood, CM14 4YN. 7.30-9.30pm. A grand quiz to sharpen your brains after the cold of the winter. Tickets: £8.50, including supper- bring your own drinks. Funds raised in aid of Church funds. Tel 01277 218739 to book tickets.

Sunday, February 26

● **Chelmsford Cathedral.** 3.30pm. Evensong.

Monday, February 27

● **Chelmsford Cathedral** Curry Night at the Taj Mahal. 6pm. Raising funds for the Youth Trip to Sweden. Tickets £15 per person from Tim Leeson and Steve Conroy via the Cathedral Office.

Wednesday, March 1

● **Chelmsford Cathedral.** 1-3pm. 'Welcome on Wednesday' in the Cathedral with our lay chaplain Jean Standen; tea/coffee and cakes. All welcome.

● **Chelmsford Cathedral.** 9.30am. Baby and Toddler Group.

● **Lakeside Shopping Centre, Thurrock.** 1-3pm. Café Theology. Meet at the Food Court.

● **Library at the Diocesan Office, 53 New Street, Chelmsford.** 1pm. The Chelmsford Christian Bookshop Reading Group. Everyone is welcome and it is free to join. For details and encouragement, please contact the bookshop on 01245 294405 or email bookshop@chelmsford.anglican.org.

Thursday, March 2

● **Chelmsford Cathedral.** 10am. Mothers' Union

Corporate Communion in St Cedd's Chapel.

● **Chelmsford Cathedral.** 8pm. Mothers' Union Evening Section meets in St Cedd's Hall.

● **Chelmsford Cathedral.** 10.45am. Faith and Fitness. A free fitness class with a difference for all ages and abilities. The session will include a prayer, a workout and meditation to improve your physical and spiritual health and well-being.

● **St Laurence church, Corbets Tey Road, Upminster.** 1.05pm. Free lunchtime concert by Riccardo Bonci (organ). Retiring collection. Car parking available.

● **St John the Baptist, Epping.** 7pm. **School for Disciples 2017.** Roadshow around the diocese to open up discussion, part of the Transforming Presence initiative. These stimulating and challenging events are free of charge and there is no need to book.

Friday, March 3

● **Chelmsford Cathedral.** 12.30-1.15pm. Lunchtime Concert by Ben Bloor (organ) the London Oratory. Admission is free, but we welcome your contributions, which are divided between various charities and Cathedral expenses. Light refreshments from 12 noon.

Saturday, March 4

● **Chelmsford Cathedral.** 10am-12 noon. Cathedral Coffee Morning in the Chapter House. Come and enjoy fresh coffee, home-made scones and a bring & buy.

● **Chelmsford Cathedral.** 11.30am. Come and Sing Duke Ellington. A half-day exploring music from the Sacred Concert series. Register from 11.30am, rehearsal starts at 12.30pm and the concert performance, lasting about an hour at 6pm. Tickets £10 on the door. To register to sing costs £20 which includes music hire and afternoon refreshments.

Sunday, March 5

● **Chelmsford Cathedral.** 3.30pm. Evensong.

Wednesday, March 8

● **Chelmsford Cathedral.** 1-3pm. 'Welcome on Wednesday' in the Cathedral with our lay chaplain Jean Standen; tea/coffee and cakes. All welcome.

● **Chelmsford Cathedral.** 9.30am. Baby and Toddler Group.

● **Chelmsford Cathedral.** 11am. Day-time Lent Group. Living an Authentic Life Chapter House, free entry and all welcome.

● **Chelmsford Cathedral.** 7.30pm. Evening Lent Group. Faith & Poetry with Canon Mark Oakley in the Cathedral free entry.

Thursday, March 9

● **Chelmsford Cathedral.** 2pm. Mothers' Union Afternoon Section meet in St Cedd's Hall.

● **Chelmsford Cathedral.** 10.45am. Faith and Fitness. A free fitness class with a difference for all ages and abilities. The session will include a prayer, a workout and meditation to improve your physical and spiritual health and well-being.

● **St Botolph's Colchester.** 7pm. **School for Disciples 2017.** Roadshow around the diocese to open up discussion, part of the Transforming Presence initiative. These stimulating and challenging events are free of charge and there is no need to book.

● **St Laurence church, Corbets Tey Road, Upminster RM14 2BB.** 1.05-1.50pm. Lunchtime concert by Tiago Gomes (guitar). Retiring collection.

Friday, March 10

● **Chelmsford Chelmsford Cathedral.** 12.30-1.15pm. Lunchtime concert by Felsted Preparatory School. Admission is free, but we welcome your contributions, which are divided between various charities and Cathedral expenses. Light refreshments from 12 noon.

Saturday, March 11

● **Chelmsford Cathedral.** 6pm. Quiz Night in the Chapter House to raise funds for the Youth trip to Sweden. £5 per person, tables of 8-10 people. 6pm for a 6.30pm start. Email Tim Leeson: tim.leeson@chelmsfordcathedral.org.uk or Steve Conroy steve.conroy@chelmsfordcathedral.org.uk

March 2017 diary deadline

● **Submit event details at www.chelmsford.anglican.org/eventsform or call Sarah Newman on 01245 294443 by February 1 for inclusion in The Month and on the diocesan website.**

Latest events

● **You can find the latest events online at www.chelmsford.anglican.org/faith/calendar**
● **Cathedral events can be viewed online at www.chelmsfordcathedral.org.uk/events-diary.**