

## Counselling for GMH/UKME clergy, ordinands and lay ministers

**Ministry can bring its own stresses and ministers are not exempt from the challenges of everyday life.**

Further to the request in the Living Ministry study *If it Wasn't for God* for additional therapeutic support, and aware that it is not always possible to seek support from a colleague or related institution, the Church of England has engaged the Churches' Ministerial Counselling Service (CMCS) to provide independent, confidential, non-directive support to all GMH/UKME clergy, ordinands and lay ministers, beyond that provided by dioceses, TEIs or otherwise.

For more details on CMCS visit **[www.cmincs.net](http://www.cmincs.net)**

**From 1 January 2024, this free but limited service is available. Confidential enquires to access this support can be made to [GMHsupport@churchofengland.org](mailto:GMHsupport@churchofengland.org)**



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